



Retreat Schedule

	Samstag	Sonntag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
08.00 - 09.00		Morning flow	Morning flow	Morning flow	Morning flow	Morning flow	Morning flow	Morning flow
09.00 - 09.20		ME TIME	ME TIME	ME TIME	ME TIME	ME TIME	ME TIME	Frühstück
10.00 - 11.00		Brunch	Brunch	Brunch	Brunch	Brunch	Brunch	Frühstück
11.00 - 12.00		VISION	CONNECT	TAKEOFF	STRENGTH	SILENCE	TRANSFORMATION	Checkout
12.00 - 13.00		VISION	CONNECT	TAKEOFF	STRENGTH	SILENCE		
13.00 - 14.00		VISION	CONNECT	ME TIME	STRENGTH	ME TIME		
14.00 - 15.00		ME TIME	ME TIME	“	ME TIME	“	ME TIME	
15.00 - 16.00	Welcome	Ausflug Strand	“	“	“	“	“	
16.00 - 17.00	Reception	Ausflug Strand		ab 17.30 Uhr	“	Ausflug	“	
17.00 - 18.00	ME Session	Ausflug Strand		soundhealing		Sound-Meditation		
18.00 - 19.00	Dinner out	Dinner @ MC	Dinner out	mit Danielle	Dinner @ MC	Dinner out	Dinner @ MC	
19.00 - 20.00				19.30 Uhr				
20.00 - 21.00	Überraschung			Dinner @ MC			Finale	
21.00 - 22.00			FeuerRitual		Überraschung		“	
22.00 - 23.00					Überraschung		“	
23.00 - 24.00								